# Five Reasons For Vegans To Visit Fairfield, California



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Travel

I cover vegan travel, plant-based dining, and Disney adventures.

Fairfield is a charming, scenic city between Sacramento and San Francisco. It's the star of the rustic wine country of the Suisun Valley. With its hot-summer Mediterranean climate and unspoiled natural beauty, Fairfield is an ideal Northern California getaway throughout the year. If you're looking for a fun vegan vacation destination, consider these reasons you'll want to experience the fun of Fairfield as soon as you can.



Downtown Fairfield VISIT FAIRFIELD

## A Vegan Olive Oil Tasting

Dedicated to growing and milling truly wonderful artisan olive oil, the Il Fiorello Olive Oil Company is happy to prepare olive oil tastings with only plant-based foods. It's truly an experience to be savored. Just call and let them know you are hoping for a vegan olive oil tasting before you come. Owners Ann and Mark Sievers think outside the box when it comes to presenting the tastings in an artful, appetizing way. Imagine tasting specifically chosen oils with pasta, chickpeas and other plant-based foods. You'll try olive oil in a way

that helps you optimally enjoy the individual flavors of single varietal oils and blended oils. Stop by the shop to explore all they offer to enhance vegan cooking.

### The Plant-Based Dining Scene

Delectable plant-based fare is easy to find in Fairfield. The Napa Deli has incredible vegan wraps. The Palm Thai Bistro is happy to veganize many of their dishes when you let your server know that you're vegan. They have curries, salads and stir-fries, among other plant-based options. Chaats Cuisine is a vegan-friendly, well-reviewed Indian eatery. Although there are no all-vegan restaurants in Fairfield, several are available nearby. Vegan Love Bites in Crockett is only about a 20-minute drive away, and other nearby vegan eateries include Go Vegan and Lyerly's Kitchen.

#### **Explore the Wine Country**

You don't have to enjoy drinking wine to enjoy the beauty of the area's wine country. Did you know winery dogs and cats are a thing? If you don't enjoy drinking, most wineries in the Suisun Valley will have a friendly companion animal who is happy to visit with you while the rest of your company enjoys wine tastings. For vegans who are in it for the animals, that can be heaven. Many wineries also include gift shops that offer vegan snacks and cute souvenirs. With plenty of wineries in the region, you'll be able to find plenty of vegan wines. Just be sure to call ahead to the wineries and vineyards you want to visit to ensure that they're currently offering vegan-friendly wines.

Today In: Lifestyle

#### **Reconnect with Nature**

Imagine enjoying a yummy plant-based picnic and then watching the sunset as you kayak and go birdwatching on the Suisun Marsh. Opportunities to reconnect with nature abound in and around Fairfield. Explore the 600-acre Rockville Hills Regional Park. Here's a cool thing! Keep an eye out for cows and birds who are among the wildlife you can spot in the park. The flora and fauna of nearby Lynch Canyon provide a feast for your eyes. Animal lovers will be even happier to see some of the deer, fox, waterfowl, hawks or bobcats that live in the canyon.

#### **Year-Round Festivals and Special Events**

Situated in the heart of Solano County, one of the original California counties, Fairfield has a fascinating history that's commemorated throughout the city. For example, there is a 12-foot-tall bronze statue of Chief Solano outside the Solano County Event Center. Chief Solano was a prominent figure in the early history of the state of California. Festivals and special events are held throughout the year in Fairfield to celebrate the area's history and